



RESPONSIBILITIES OF THE VOLUNTEER

- Respect the Centre d'action bénévole Le Hauban inc.'s Code of Ethics and follow their training.
- Respect the elderly person's values.
- Respect confidentiality.
- Express yourself so that the person feels appreciated and respected.
- Deliver the meals according to the itinerary provided.
- Bring the funds collected from the beneficiaries during the delivery to the Center.

Regroupement des
popotes
roulantes 



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**MEALS ON
WHEELS**



DESCRIPTION OF THE SERVICE

This service consists of the delivery of a warm, complete and balanced meal to the home of a senior who has needs and requests it. The meal is bought from a caterer and a team of volunteers deliver the meals to an individual's home once a week. Meals on Wheels is also a short visit from a volunteer who is attentive to the needs of the person who receives this service.



Source : Centre d'action bénévole Le Hauban inc.

ELIGIBLE PEOPLE

- People of 65 years of age or over who are losing their autonomy or who are staying at home (single-family home, apartment, private or communal residence).
- People aged 64 and under with a geriatric profile, temporary or permanent loss of autonomy.
- Any other person referred by the Health and Social Services Network or community organizations in the territory, after evaluation.
- This service is intended for people living on the territory from l'Anse-à-Valleau to Coin-du-Banc.



Source : Radio-Canada

ABOUT THE MEALS

Each meal costs \$8.00 and includes a soup, main course and dessert. A Volunteer from the Centre d'action bénévole Le Hauban inc. will call you once a week to offer you the menu.

The meals are cooked by local caterers for Gaspé and Rivière-au-Renard.



Source : Centre d'action bénévole Le Hauban inc.